

HYGIENE AND DISEASE MANAGEMENT POLICY

(Last updated March 12th)



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(Last updated April 25th 2021)

In light of the impact of the Coronavirus, we felt it appropriate to formalise our Hygiene and Disease Management Policy & keep everyone updated on the measures we are currently putting in place to try to ensure the safest environment possible for all students & event attendees.

Please note we are constantly monitoring the Australian Government & WHO releases, recommendation & advisements. If necessary we will update this Policy.

The health and safety of our students & attendees is of utmost importance to us. Working in conjunction with venues we will take all feasible precautionary measures that might reduce potential health risks at any of our classes or functions.

All cleaning will be done in accordance with Covid safety guidelines. If at a club, the venue will be responsible for this.

Sanitiser will be supplied in several places in the ballroom.

Air-conditioning will **not** be on recirculate and rooms will be ventilated as needed and/or as required by venue management.

For the foreseeable future we will not be supplying snacks at classes.

Payments must be made on line, no cash handling will occur at front desk.

We also ask for your help by following a few precautionary measures;

If you feel unwell with a temperature or flu like symptoms prior to a class or event please stay at home & look after yourself.

If in the last 14 days preceding our class you have travelled overseas or been in a Covid lock down area or Covid area of concern unfortunately you may not attend our class or event. Currently we would also require you to produce evidence of a negative Covid test before coming to our class or event. If in doubt please contact us.

If you have been in contact with any who has or is suspected of having a flu like virus or they have travelled as per above, please also stay at home.

While at a class or an event;

If you don't feel well (fever or symptoms of a cold or flu) while at a class or event please isolate yourself & withdraw from class or event participation. If you are in doubt or need help please contact Maryanne or another senior team member.

Please sanitise &/or wash hands before entering ballroom & sanitise when leaving ballroom. We also recommend you sanitise your hands at regular intervals during the class &/or freestyle. Sanitiser is available outside room, on front desk & distributed around the room

When washing your hands please use soap & water. For maximum efficiency wash vigorously from the elbow down for a minimum of 20 seconds & dry thoroughly.

Please try to refrain from touching your face or another person's face.

We suggest you bring your own water bottle so you don't accidentally drink from someone else's cup. Drink bottles are also less susceptible to air borne particle contact compared to glasses.

Please follow normal hygiene rules - wash hands thoroughly after using the bathroom / cover your mouth with a tissue when sneezing or coughing & wash hands thoroughly / shower regularly, particularly before going to bed. If you sweat a lot, please change shirts,

We advise against coughing/sneezing into elbow as we don't normally wash our elbows and these are quote often used as connection points in the dance. Use hands with a tissue and wash thoroughly on those occasions.

We recommend you eat well & get enough sleep. If you are run down & your body is under stress your immune system may suffer and therefore you are more susceptible to a virus infection.

Please be kind, considerate & courteous to other attendees. Don't panic-remember a sneeze or cough may just be hay-fever and nothing more!

Kind Regards, the danceVibe team